

# NOVEMBER

## **NEWSLETTER**

#### **GROUPS & WORKSHOPS**

ASMENTORING.CO.UK PAGE 1 OF 2



### We are recruiting new members for our groups

Virtual Sessions via Zoom





### Peer Support Group Looking for new members

**Hosted by Mike** 

A monthly online programme consisting of workshops and peer support for employed neurodivergent people. A safe, motivating and encouraging space for individuals to share their experiences.

'It's good to spend time with other people who've had similar experiences, where I can be myself without fear of judgement.'

COST: Self funded £35 or via current workplace support funding

For more information visit:

https://forms.gle/tMSavkKB25moy44X6

# **Upcoming Lunch & Learn** Self Advocacy

Friday 21st November 12:00 - 1:00 PM

Virtual Session via Zoom

Learn core advocacy skills to enhance your communiction, confidence and protect self boundaries

To register or enquire please email: workshops@asmentoring.co.uk



#### Recruiting **Autistic women** in work

Seeking members for the new year-long programme.

A MONTHLY PEER SUPPORT GROUP FOR AUTISTIC WOMEN IN THE WORKPLACE.

A VIRTUAL PLACE TO CONNECT WITH LIKE MINDED WOMEN.

TOPICS ARE CHOSEN BY THE GROUP BUT CAN INCLUDE MASKING, ASSERTIVENESS, ADVOCACY, WELL-BEING, AND MORE!

'Our WhatsApp group has been like having a team of cheerleaders in my pocket!'

> COST: Self funded £35 or via current workplace support funding

> > For more info visit

https://asmentoring.co.uk/women-in-work/ Interested? Email workshops@asmentoring.co.uk

#### Workshop **Funding Options**



#### **Lunch and Learn**

Self funded - £15

Autism Forward funding - £15 of current grant

Access to Work funding - 30 mins of current grant

#### **Weekend Workshops**

Self-funded - £25/£35

Autism Forward funding - £25/£35 of current grant

Access to work - 1 hr/1.5 hours of current

If you are interested in signing up for any of our current events please email workshops@asmentoring.co.uk to book your place.

All of our groups and workshop events are available to view on our website. https://asmentoring.co.uk/live-events/



# NOVEMBER

## **NEWSLETTER**

## **CLIENT NEWS**

ASMENTORING.CO.UK
PAGE 2 OF 2



## A Spotlight on....

# Client stories of Success. Jonathan

#### 1. What job do you have now, and how's it going?

I am currently working as a Financial Control Manager and so far it is going well.

#### 2. What made you come to AS Mentoring?

Seeking guidance relevant to my neurodiverse circumstances. Moral support. Engaging with other neurodiverse individual. Engaging with support workers who has an understanding of neurodiversity as well.

I was initially an Autism Forward client who found current work and I am thankful for this.

#### 3. What kind of support did you get from ASM that helped you the most?

The moral support from my mentor, a different viewpoint/perspective. Guidance for neurodiverse challenges and needs.

#### 4. Was there a moment you felt things started to turn around for you?

There wasnt a specific moment, I am grateful that I was getting invited to interviews and this helped me to know that people seemed to be interested in my background and skill set.

# 5. What would you say to someone who has just started receiving support from ASM and is looking for work?

ASM offer helpful guidance, so try to keep focused, patient, persistent, motivated and continue moving forward.

If you would like to share your success story with the AS Mentoring community, we would love to hear from you. Please contact alice.mitra-hall@asmentoring.co.uk



## The ASM Neurodiversity Partner Programme

### Building Inclusive Workplaces, Empowering Neurodivergent Talent

Your organisation now has the opportunity to join us through a transformative initiative designed to help organisations attract, support, and retain neurodivergent talent.

Through expert-led training, mentoring, and tailored workplace solutions, we empower your teams to build a culture where everyone can thrive.

To hear more about this, or if you would like us to organise a meeting with your employer, get in touch: <a href="mailto:enquiries@asmentoring.co.uk">enquiries@asmentoring.co.uk</a>

For more info visit: <a href="https://asmentoring.co.uk/employers/neurodiversity-partner-programme/">https://asmentoring.co.uk/employers/neurodiversity-partner-programme/</a>

If you'd like to be removed from our mailing list please reply "unsubscribe