



AS MENTORING PRESENTS:

Looking for Work

Workshops programme for autistic and neurodivergent graduates looking for work after university

**6 Live Workshops
3 one-to-one sessions
autism-specialist mentors**

ONLINE EVENTS

Eligibility criteria: neurodivergent adults who are in their final year of study for a higher education level qualification or who have completed their course of study within the last academic year

THE PROGRAMME

6x2-hour live group workshops
3x45 minute 1:1 consultations
Sessions every 2 weeks

Pre-programme 1:1

What are my work options?

Pathways into work

Job-searching

Mid-programme 1:1

Sharing my diagnosis

CVs and cover letters

Interview skills

End of programme 1:1

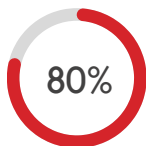
Register your interest at
www.asmentoring.co.uk

OUTCOMES FROM PREVIOUS PROGRAMME

"It's a welcoming atmosphere, those involved in delivering the programme had lived in experience with autism in one way or another."

"It clearly presents all of the preparation that people with autism need to do to mitigate difficulties during the recruitment process. The 1-to-1 mentoring sessions help attendees apply what is discussed in group sessions to their situation."

"It informs individuals what they can do to make their environment better when their diagnosis is shared."



Secured Interview

Most participants secured an interview within 3 months of the programme end.

Improved confidence

Participants felt better prepared to get paid employment



Secured paid internship

Two participants secured a 6 months paid corporate internship with ASM partners